## COVID-19 Resource Guide

**Social Distancing** is necessary to contain the spread of Covid-19, but can lead to increased anxiety and stress due to uncertainty. We are here to help.

Help is Available Call us.

Brought to you by DSV Task Force, Berkshire District Attorney's Office and Elizabeth Freeman Center If you See Q Say Q Do Something Something Something

BCAC (for utilities assistance): (413)-445-4503

Berkshire DA Victim Witness Advocates Hotline: 1-855-275-8927

Berkshire Medical Center Covid-19 Hotline: 1-855-262-5465

DCF (Local): 413-236-1800 Child at Risk Hotline: 1-800-292-5022

Department of Unemployment Assistance: (877) 626-6800

EFC Domestic & Sexual Violence Hotline (local): 1-866-401-2425

MA Disabled Persons Protection Commission: 1-800-426-9009

MA Elder Abuse Hotline: 1-800-922-2275

National Domestic Violence Hotline: 1-800-799-7233

National Human Trafficking Hotline: 1-888-373-7888

National Suicide Prevention Hotline: 1-800-273-8255

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