

*Lenox Community Center  
Board Meeting  
June 25<sup>th</sup>, 2019  
6:00 pm*

*Attendance: Rose Casey, Sheri Gaherty, Jen Picard, Tony Patella-Chair and Darlene-Director*

*Public Comment: NONE*

*Acceptance of May 14<sup>th</sup>, 2019- Accepted via Shari/Rose*

*Youth Services Report: Amanda states in her report that our after school Program is going great. We have 71 kids per week, with a few less on Friday's.*

*On June 17<sup>th</sup> being the last day of school, we had 26 kids on board.*

*Guys Night Out: 8 folks participated in a fun evening at Ore Bed Park.*

*Memorial Day went well with our kids marching and such in the Lenox Memorial Day Parade.*

*Summer Camp- We have 85 kids registered, with 19 being new to our Program. We had 82 kids last year. We show less in certain age groups.*

*Amanda has many Field Trips and different events scheduled to keep the kids enthusiastic during Summer Camp. Check out Facebook to see pictures and what is happening next.*

*Senior Services Report: Sue tells us that 66 people and 4 volunteers attended the picnic hosted by Wingate Residences at Melbourne Place. Eric Aasheim from Oasis Senior Advisors absorbed the cost of the Sunday Strummers ukulele band. Kimball Farms Nursing Center is interested in hosting a summer luncheon on July 23.*

*31 of our folk enjoyed the trip to Hildene in Manchester, VT. It was a great trip, we took a "Party Bus" and everyone found it to be a fun way to travel.*

*Jeff Zeif conducted the AARP's Safe Driver course last week with 11 people attending the 4 hour class.*

*On July 29<sup>th</sup> Town Assessor Randy Austin will be coming to answer questions and speak about property tax values and how they are assigned, etc.*

*Our exercise classes are all going well. Our varieties of classes include- Tai Chi, Osteo, Yoga, and Line Dancing. Poker and Majong have also become quite popular.*

*Sue shares that she made 8 outreach calls that resulted in 5 general information conversations and 3 home visits. Sue made an additional 3 home visits to known seniors with difficulties.*

*Our van continues to be extremely busy with 18 different people using the van in May.*

*Jen Picard tells us that she had folks asking about Game Night.*

*Caroline – Program Coordinator, has no new updates on the Age Friendly Berkshires Steering Committee.*

*Berkshire Elder Care network meetings- Caroline along with Darlene and Sue attended the June meeting. The Brien Center presented at Devonshire Estates about seniors mental health and substance abuse. Caroline spoke to Edita Rudzinskiene, Amedisys Home Health, she is interested in doing a presentation here at the Center. Both Darlene and Caroline attended the Western Mass Elder Care Conference and learned a lot of helpful tips about technology fraud among seniors.*

*Friday Movies: May 17<sup>th</sup>- "The Greatest Showman" and June 21<sup>st</sup>- "The Green Book" had 22 and 18 people attend. On July 19<sup>th</sup> the movie will be "Dumbo".*

*Upcoming senior events/programs*

*Mondays with me: May 20<sup>th</sup>- State of the State coffee hour; 17 people attended and Smitty spoke about his legislative priorities for the upcoming*

*session as well as how to promote the Berkshires. Smitty touched on bringing young people in to start filling jobs and making it more accessible for them to do so. Smitty also spoke of creating vocational programs and shared cost.*

*June 3<sup>rd</sup> – Helping the Bees Survive and Thrive in the Hive- Joanne Davis with Northern Berkshire Beekeepers, did not charge a fee for coming- rather, have us make a donation to the Bennington County Beekeepers Club. Joanne brought in her beehive and explained how they worked. She shared samples of honey, and told the best way to promote bee health. We had 8 people attend.*

*Out Tuesday Topics will include- May 28<sup>th</sup>, Ruth Bass from the Berkshire Eagle...Where were you in the 1950's. June 4<sup>th</sup> – Caring Transitions, Kendra MacLeod CRTS came and spoke about the art of Right sized Living. June 25<sup>th</sup> – Music Therapy. July 16<sup>th</sup>, I'm Not Gonna Get Ticked- the impact of Lyme disease. August 6<sup>th</sup> - Amedisys-Dehydration, a nurse from Amedisys will speak about dehydration facts, causes, symptoms, and self-care and prevention.*

*Programs offered: Chair yoga. "A Matter of Balance". Township Four. Spousal Grief Support Group. Essential Oil 101. Beach Bingo. Hummingbird feeders. Quite an offering of interesting classes.*

*COA Trips: Great Barrington Shopping on May 15<sup>th</sup> and Walmart Super center in North Adams on June 19<sup>th</sup>. Shopping in Gt. Barrington wasn't that well received. Tony suggested maybe try going to Hadley for Hampshire Mall and Holyoke.*

*Darlene goes back to Numbers and Attendance: After school program had 70 kids each day. Summer Camp is showing decrease. 2016-2017 we had 92 kids and we have 85 this year. This is something to look at in our near future. Rose stated that Staffing could be an issue.*

*Darlene met with Chris Ketchen regarding the Beach and opening and locking up. The Beach is to be open at 8:00, however, no one showed to open the gate. We will continue to iron this out.*

*Meeting adjourned*  
*7:08 pm*

*Our next meeting will be September 17<sup>th</sup> 2019*

*Respectively submitted,*

*Francie Sheehan Sorrentino*  
*Secretary*